Case report: Clear root evaluation of endodontic failure

Dr Craig Barrington discusses the importance of follow up in order to see where treatment may have succeeded or failed

Abstract
Endodontic treatment is classified as therapy by definition. Regimented follow up should be an important part of our clinical actions to evaluate our research perceptions, ability and performance. Sectioning treated roots can destroy anatomy and alter our ability to properly evaluate failures and successes. Clearing teeth is an important technique because it leaves anatomy and obturations as they were in situ.

Introduction
We perform our clinical processes and it is rare that we are able to truly encounter and see what we have accomplished. Endodontic treatment requires follow up to evaluate success or failure. Although unfavorable, endodontic failures allow us the chance to learn. It is important to know the cause for failure such that we might enable ourselves to prevent the occurrence in future treatments.

This case illustrates a restorative endodontic failure but further evaluation is required to evaluate the cleaning, shaping and obturation.

Case report
A 57-year-old female patient presented initially in 2001 with multiple decayed and problematic teeth. (See Fig. 1). She has a controlled substance problem and has a history of being an unreliable patient. She wears a complete upper denture. Her CC was: “I want to save the rest of my teeth”.

Fig. 1. A right mandibular full mouth x-ray prior to rubber dam removal. The canal system was obturated with System B/Otbara and Kerr’s EWT sealer.

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Fig. 2 is of post extraction of 19 and 20 and was taken in 2002 as an initial radiographic for NSRCT of tooth #18. The diagnosis was necrotic pulp with acute periradicular periodontitis

Fig. 3 demonstrates a working length x-ray. Four canals were located.

Fig. 4 shows an initial post-op x-ray prior to rubber dam removal. The canal system was obturated with System B/Otbara and Kerr’s EWT sealer.

Fig. 5 shows the post op x-ray with build up. Build up material was bonded flowable resin in the canals and composite resin.

Fig. 6 shows an angled post op x-ray.

Fig. 7 shows a follow up x-ray two years later. The patient presented with a fractured cusp, so we placed a stainless steel crown due to financial constraints. Healing of the apical radiolucentities was noted.
Coronal leakage is certainly present. Calcareous opacities are noted but coronal leakage from the IA canal. No apical radiopacity was present.

Figs. 10 to 12 show other views of the cleared mesial root anatomy complex.

Figs. 13 and 14 show the distal root cleared. The overfill seems to be beneficial to the system.

Discussion

The biologic objectives of endodontic therapy include removal of all potential irritants from the root canal space to control infection and periapical inflammation. Many complexities in root canal anatomy can prevent achievement of endodontic goals. It is important to debride, disinfect and obturate the prepared system and protect the treated tooth from coronal leakage. It is only in failure and thorough post extraction evaluation that we are truly able to see if we accomplished any of the required tasks.

In spite of our best efforts, failures in our treatment protocol can occur for multiple reasons and for reasons beyond our control. Although unwelcomed, these moments can be made into opportunities for learning and increasing our endodontic knowledge. This can eventually lead to improvements in our endodontic treatment approach and protocol.

Conclusion

Coronal leakage is a complex and multifactoral entity that is still not fully understood.

Fig. 8 shows the seven-year follow-up. Yet again, the patient disappeared but this time for five years. Note the drifting of the roots or both.

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